

GSA Updated Isolation and Quarantine Guidelines January 7, 2022

If any member of the household or your child develops a cough, or two or more other Covid symptoms, the person with symptoms MUST stay home and get tested for COVID.

SYMPTOMS: FEVER, HEADACHE, STOMACH ACHE, NAUSEA, VOMITING, DIARRHEA (more than 2 loose bowel movements), BODY ACHES, SORE THROAT, CHILLS, SHORTNESS OF BREATH, COUGH, LOSS OF TASTE OR SMELL. **Please keep student home until results are received and emailed to school nurse.** Tests may be antigen tests (home tests) or PCR tests.

IF A STUDENT TESTS POSITIVE:

The student must isolate for 5 days after the first day of symptoms or date of positive test if they do not have symptoms. The first day of symptoms is day zero. There are no exceptions to this rule. The student may return to school on day 6 as long as there is no fever on day 5 at home (without tylenol or motrin) and symptoms have improved. The student **MUST REMAIN MASKED AT SCHOOL UNTIL 10 DAYS AFTER FIRST SYMPTOMS/POSITIVE RESULT.** They will be allowed to eat lunch, however, they will be six feet away from other students.

IF A STUDENT IS EXPOSED TO A POSITIVE COVID CASE:

This means the student has been closer than 6 feet unmasked for an extended period of time.

- **FULLY VACCINATED:** This is reached when the person has received 2 doses of the Pfizer or Moderna vaccine or 1 dose J&J vaccine and 14 days have passed since the last injection. Children ages 5-17 are considered fully vaccinated two weeks after their second dose of the Pfizer vaccine. (The school nurse must have a copy of the vaccine card.) For ages 18 years and older, if the second vaccine was received more than 6 months ago or 2 months after the J&J vaccine you **MUST** have gotten a booster shot to be considered fully vaccinated.
 - **IF NO SYMPTOMS THE STUDENT MAY RETURN TO SCHOOL. THEY MUST WEAR A CLOSE FITTING MASK. IF THE EXPOSED PERSON DEVELOPS ANY SYMPTOM THEY MUST STAY HOME AND GET TESTED BEFORE RETURNING TO SCHOOL. Test results must be emailed to the school nurse.**
 - If your child had a lab confirmed COVID-19 test result within the last 90 days (tested positive using a PCR) they do not need to quarantine. Lab results or doctor notes **MUST** be on file with the school nurse.
- **UNVACCINATED:** **IF THE PERSON IS UNVACCINATED THEY MUST QUARANTINE AT HOME FOR 5 DAYS. THEY MUST GET TESTED ON THE 5TH DAY AFTER EXPOSURE.** If negative they may return to school. If positive please continue to isolate at home for 5 additional days.

ANY TEST RESULTS MUST BE SENT TO THE NURSE AT YOUR CHILD'S SCHOOL BEFORE THEY RETURN TO SCHOOL.