

Monday	Tuesday	Wednesday	Thursday	Friday
<b>April 2</b> <b>Mini Chocolate Donuts*</b> Peaches	<b>April 3</b> <b>Turkey Sausage &amp; Cheese Breakfast Sandwich*</b> Mixed Fruit	<b>April 4</b> <b>Mini Maple Pancakes*</b> Pineapple	<b>April 5</b> <b>Smoothie with Oatmeal Bar*</b> Applesauce	<b>April 6</b> <b>Cheese Omelet with Toast*</b> Pears
<b>April 9</b> <b>Cinnamon Rolls*</b> Peaches	<b>April 10</b> <b>Breakfast Boat* with Turkey Bacon, Scrambled Eggs &amp; Cheese</b> Mixed Fruit	<b>April 11</b> <b>French Toast Sticks* with Syrup</b> Pineapple	<b>April 12</b> <b>Scrambled Eggs with Turkey Sausage &amp; Toast*</b> Applesauce	<b>April 13</b> <b>Yogurt Parfait with Strawberries &amp; Granola*</b> Pears
<b>April 16</b> <b>Pancake Wrap*^ &amp; Syrup</b> Peaches	<b>April 17</b> <b>Breakfast Burrito* with Salsa</b> Mixed Fruit	<b>April 18</b> <b>Cinnamon Raisin Bagel* with Cream Cheese</b> Pineapple	<b>April 19</b> <b>Turkey Ham &amp; Cheese on Hawaiian Roll*</b> Applesauce	<b>April 20</b> <b>Cheese Omelet with Toast*</b> Pears
<b>April 23</b> <b>Cheesy Scrambled Eggs with Turkey Sausage &amp; Toast*</b> Peaches	<b>April 24</b> <b>Mini French Toast* with Syrup</b> Mixed Fruit	<b>April 25</b> <b>Yogurt Parfait (strawberry or peach) &amp; Granola*</b> Pineapple	<b>April 26</b> <b>Bacon &amp; Egg Breakfast Square*</b> Applesauce	<b>April 27</b> <b>Blueberry Waffles* with Syrup</b> Pears
<b>April 30</b> <b>Mini Chocolate Donuts*</b> Peaches				

**ADDITIONAL ITEMS SERVED EACH DAY:**

Blueberry or banana muffins\* / Assorted cereals\* / Yogurt cups / Fresh fruit / Bread\* / 100% apple juice and orange juice / Skim and 1% white milk with no artificial growth hormones or antibiotics / Jelly / Margarine

\*=Whole-grain item / ^=Item contains pork

Menu subject to change based on availability and quality of food items

*Join the breakfast club!  
Eat school breakfast.*



# K-8 LunchSmart Menu

## April 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée Salad with Cheese &amp; Bread</b> <hr/> <b>Spotlight Fruit of the Week:</b> Fresh Pears	<b>April 2</b> Chicken Parmesan Sandwich on a Bun* California Blend Veggies Peaches	<b>April 3</b> Beef Sloppy Joe on a Bun* Baby Carrots Mixed Fruit	<b>April 4</b> Beef Burrito Bowl* with Black Beans, Corn & Salsa Pineapple	<b>April 5</b> Boneless Chicken Wings with BBQ Dipping Sauce Scalloped Potatoes Applesauce	<b>April 6</b> Handcrafted Mac & Cheese* & Honey Wheat Dinner Roll* Green Peas Peas
<b>Entrée Salad with Cheese &amp; Bread</b> <hr/> <b>Spotlight Fruit of the Week:</b> Grapes	<b>April 9</b> Grilled Chicken Sandwich* with Lettuce & Tomato Marinated Three-Bean Salad Peaches	<b>April 10</b> BBQ Chicken Sandwich on a Bun* <sup>^</sup> Corn Mixed Fruit	<b>April 11</b> SACK LUNCH ½ DAY	<b>April 12</b> Spaghetti* with Turkey Meatballs & Marinara Broccoli Applesauce	<b>April 13</b> French Toast Sticks* with Syrup & Turkey Sausage Baby Carrots Peas
<b>Entrée Salad with Cheese &amp; Bread</b> <hr/> <b>Spotlight Fruit of the Week:</b> Bananas	<b>April 16</b> Chicken Tenders* with BBQ Dipping Sauce & Breadstick* Broccoli Florets Animal Crackers* Peaches	<b>April 17</b> Beef Fajitas with Tortillas*, Flame-Roasted Pepper & Onion & Salsa Baby Carrots Mixed Fruit	<b>April 18</b> BEEF NACHOS Corn Black Beans Pineapple	<b>April 19</b> Turkey Ham & Cheese Panini* Oven-Baked Spiral-Cut French Fries Applesauce	<b>April 20</b> Lasagna Roll-Up* & Garlic Bread* Capri Blend Veggies Peas
<b>Entrée Salad with Cheese &amp; Bread</b> <hr/> <b>Spotlight Fruit of the Week:</b> Fresh Pears	<b>April 23</b> Oven-"Fried" Chicken Drumstick* & Breadstick* Kettle-Baked Beans Corn Peaches	<b>April 24</b> Meatball Sub* with Marinara & Mozzarella California Blend Veggies Mixed Fruit	<b>April 25</b> Bosco Stick* with Marinara Dipping Sauce Green Beans Pineapple	<b>April 26</b> Cheesy Beefy Macaroni* & Honey Wheat Dinner Roll* Sweet Potato Puffs Applesauce	<b>April 27</b> Teriyaki Chicken Brown Rice* Broccoli Florets Honey Oat Goldfish Cracker* Peas
<b>Entrée Salad with Cheese &amp; Bread</b> <hr/> <b>Spotlight Fruit of the Week:</b> Grapes	<b>April 30</b> Orange Chicken Brown Rice* Sliced Carrots Animal Crackers* Peaches				

### How Do I Look?

How you see your physical self, how you feel about it, and how you think others view you is called "body image." Some people think only girls are concerned about body image issues. They are wrong. Guys may not talk about it as much, but they do experience the same thing. If you are struggling with body image issues, talk to supportive family members, friends or health care professionals.

Available Each Day: Salad and Fresh Fruit / Sunbutter & Jelly Sandwich\* with a Yogurt Cup / Skim and 1% White Milk Plus Fat-Free Chocolate Milk

### Freshly Prepared Additional Entrées

Monday – All-American Cheeseburger on a Bun\* / Tuesday – Chicken Nuggets\* with Twisted Breadstick\* & BBQ Dipping Sauce  
 Wednesday – Super Nachos\* & Salsa / Thursday – Breaded Chicken Sandwich\* / Friday – Pizza\* (pepperoni French bread, cheese personal pan, and Big Daddy's extra cheesy pizza rotate each week)

\*=Item contains whole grains / ^=Item contains pork / L=Locally sourced / S=Sustainable source

Milk served with lunch contains no artificial growth hormones or antibiotics

Menu is subject to change based on availability and quality of food items / This institution is an equal opportunity employer